

## Procedure for changing a catheter leg bag for Domiciliary Care staff

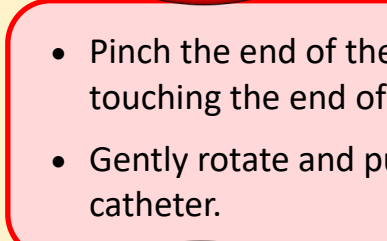
Catheter leg bags should be changed weekly, or in line with manufacturer's instructions. Each change should be documented in the service user's notes.



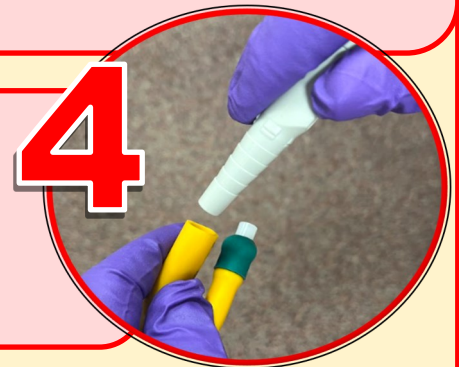
- Perform hand hygiene.
- Put on a disposable apron and gloves (eye protection should be used if there is a risk of splashing to the eyes).
- Explain the procedure to the service user.



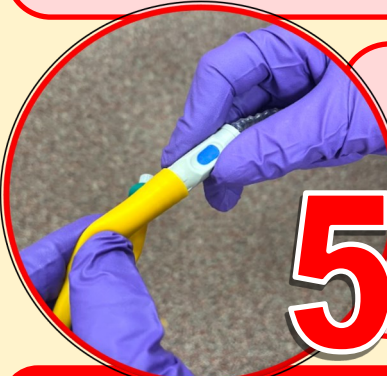
- Ensure the catheter bag is empty prior to changing (see 'Procedure for emptying a catheter bag for Domiciliary Care staff').
- Release the leg bag by undoing the straps or removing from the bag holder.



- Pinch the end of the catheter drainage tube, avoiding touching the end of the catheter tube.
- Gently rotate and pull to remove the leg bag from the catheter.



- Remove the cap from the nozzle on the new bag and insert into the catheter, ensuring that the nozzle is not touched prior to inserting it into the catheter.
- Double bag and dispose of the old bag
- Remove PPE and perform hand hygiene.



**Unnecessary emptying, changing or taking urine samples, increases the risk of catheter associated urinary tract infection and inappropriate prescribing, and should be avoided.**